

THE POWER OF GENTLENESS
The Beatitudes –Part 3
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Matthew 5:5
“Blessed are the meek for they will inherit the earth”

GENTLENESS IS STRENGTH UNDER CONTROL

BENEFITS OF BEING GENTLE

1. GENTLENESS DIFFUSES CONFLICT.

“A gentle answer turns away wrath, but a harsh word stirs up anger.”

Proverbs 15:1 (NIV)

“If your boss is angry with you, don’t quit! A quiet, gentle spirit can overcome even great mistakes.”

Ecclesiastes 10:4 (NLT)

2. GENTLENESS DISARMS CRITICS.

“We respond gently when evil things are said about us.” 1 Corinthians 4:13 (NLT)

“Your conversation should be so sensible that anyone who wants to argue will be ashamed because there won’t be anything to criticize in anything you say!” Titus 2:8 (LB)

3. GENTLENESS IS PERSUASIVE.

“Gentle speech breaks down rigid defenses.” Proverbs 25:15b

“A gentle word can get through to the hard-headed.”

“A wise, mature person is known for understanding. The more pleasant his words, the more persuasive he is.” Proverbs 16:21

4. GENTLENESS IS ATTRACTIVE

“As a man of God... pursue what God approves of: godliness, faith, love, endurance, and gentleness” 1 TIM. 6:11

“You should be known for the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God.” 1 Peter 3:4

5. GENTLENESS COMMUNICATES LOVE.

“Husbands, love your wives and be gentle with them.” Colossians 3:19

“Fathers, do not irritate and provoke your children to anger. Do not exasperate them to resentment, but rear them tenderly in the training and discipline and counsel of the Lord.” Ephesians 6:4

6. GENTLENESS EARNS RESPECT

“A woman of gentle grace will be respected.” Proverbs 11:16

“Moses was a very meek and gentle man. In fact, he was more gentle than anyone else on the face of the earth!” Numbers 12:3

7. GENTLENESS IS A WITNESS TO UNBELIEVERS.

“Believers should never speak evil of ANYONE, nor be quarrelsome. Instead they should be gentle and show courtesy to everyone.” Titus 3:2

“Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.” 1 Peter 3:15 (NIV)

8. GENTLENESS MAKES ME LIKE JESUS.

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”

Matthew 11:28-29 (NIV)

“The fruit of the Spirit is . . . gentleness!” Galatians 5:22-23 (NIV)

Why is Gentleness necessary?

- * For Salvation Psalm 149:4
- * God commands it
- * To receive God’s word James 1:21
- * To witness effectively 1 Peter 3:15
- * To give God all the Glory 1 Peter 3:4

How do you know if you are gentle?

- * Do you experience self control?
- * Do you defend the name of God?
- * Do you respond humbly and obediently to God’s word?
- * Do you seek Peace?
- * Do you receive criticism well and love the people who give it?
- * Do you give criticism in meekness?

Practice gentleness this week!

1. This next week when someone serves me, be understanding not demanding.
2. When somebody disagrees with me this week, be tender without surrender.
3. When someone disappoints me be gentle not judgmental.